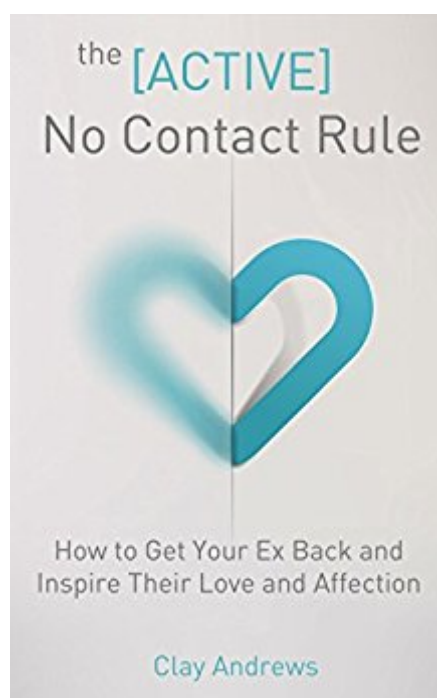


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# The Active No Contact Rule: How To Get Your Ex Back And Inspire Their Love And Affection



## Synopsis

The Active No Contact Rule How to Get Your Ex Back and Inspire Their Love and Affection Breakups are never easy. It doesn't matter if you were together for a few weeks, or a few decades. When a relationship ends, it can be excruciating. You can't sleep. You can't eat and you can barely listen to music anymore. You miss them. And now you want your ex boyfriend or ex girlfriend back. If you are interested in saving your relationship and getting back together with the person you love, then this book is for you. Most people have heard of "the no contact rule" for getting your ex back. However, there are quite a few problems with the conventional no contact rule that you may have heard about elsewhere. This book is a refreshing new look at how you can make the no contact rule more effective at getting your ex back and saving your relationship. Whether you've tried the traditional no contact rule before with disappointing results, or you've never even heard of the no contact rule, inside this book, you'll learn: Why traditional no contact is so ineffective at helping you get your ex back What it really takes to get your ex back What you can do to take the whole no contact process from a passive endeavor into a more active action plan that is more likely to get you results Why doing the most counter-intuitive thing in the world could actually save your relationship Plus much more. Bottom Line: If you're ready to start taking action and doing whatever it takes to get your ex boyfriend or ex girlfriend back and crafting a better and healthier relationship with them, this book is for you.

## Book Information

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## Customer Reviews

The information in this book is reasonable and potentially helpful. However, it does get a bit repetitive at times and spends a bit too much time telling you why other methods are wrong. I felt like it was more along the lines of do this because they're wrong and I'm right that straight forwardly helpful.

this is not your typical 300 page book... But I would rather consider this as a book where you can read while waiting for a train or for a friend in a coffee shop. This tells me how I should handle the breakup through Active No Contact as opposed to the usual No Contact. Short but straight to the point.

This is great advice after my ex breaking up with me after 9 yrs. I do however believe the email sent by Clay stating in the first line that he cannot help my situation or generic letter to people is not a good thing to send while not knowing the situation of people and giving such great advice in his books.

I thought it was informative and it actually helped me to feel a little better. Makes total sense. If we want something, try! That's all we can do. But the tips in here are fantastic!!

Finally a "get your ex back" plan that focuses on personal growth, rather than mind games! Even if it doesn't work, at least I will have grown as a person.

Great Book. Simple and easy to read with good attainable advise. Anyone can do this. The helped me with my healing process.

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Leader (Eye contact book, Confidence building, Body language secrets, Nonverbal communication, ... Body language training, Attract women) The 5 Phases to Get Your Ex Back: Where You Are Now and Where You Need to Go to Get Your Ex Back Get Your Ex BACK in 30 Days or Less! The Complete Step By Step Plan to Get Your Ex Back for Good Get Your Ex Back: The 4 Things Your Ex Needs You to Do to Get Back Together How to Do No Contact Like a Boss!: The Woman's Guide to Implementing No Contact & Detaching from Toxic Relationships Tokens of Affection: Reclaiming Your Marriage After Postpartum Depression How to Get Your Ex Back Fast! Toy with the Male Psyche and Get Him Back with Skills only a Dating Coach Knows (Relationship and Dating Advice for Women Book 4) How to Get Your Ex Back Fast: Toy with the Male Psyche and Get Him Back with Skills Only a Dating Coach Knows Ignore the Guy, Get the Guy: The Art of No Contact: A Woman's Survival Guide to Mastering A Breakup and Taking Back Her Power Framework for the Lower Back: A 6-Step Plan for a Healthy Lower Back (FrameWork Active for Life) Palmistry: Are You A Rule Maker or A Rule Breaker? Leaders and Followers.: Self-Help Books by Hassan Jaffer MADAS medieval and dark age skirmish rule book: Rule book Storytelling: 99 Inspiring Stories for Presentations: Inspire your Audience & Get your Message Through (Storytelling, inspirational stories & presentation zen,mentoring 101,ted talks) Active Directory: Designing, Deploying, and Running Active Directory The Complete Works of Stephen Crane (12 Complete Works of Stephen Crane Including The Red Badge of Courage, Maggie - A Girl of the Streets, Active Service, The O'Ruddy, Active Service, And More) How To Get Out Of Back, Pain Insider Secrets To Back Pain Relief, Engage Your M The Ortho Manifesto: How to Inspire Your Team to Greatness, Grow an Orthodontic Practice You Love and Live a Life of Meaning Natural Back Pain Solutions: Relieve Back Pain Fast, Heal a Herniated Disc, and Avoid Back Surgery

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